

Ana Guadalupe Matas, El Salvador

Ana Guadalupe Matas is a Theology student and a Deacon at the Evangelical Lutheran Church, Dios de Pacto, in San Lorenzo, La Paz. She is also a coordinator and strong advocate for the **Salvadoran Lutheran Sinod (SLS) Comprehensive Health Program**. Ana strengthens the health program through community integration, developing inclusive participation in health leaders. She accompanies four congregations in her region, encouraging everyone from children to young people to older adults to join them in voluntarily improving health for their families and in their communities, and they do! Ana's daughters have invested in this work as well - one is a graduate student in Social Work and another is pursuing a Legal Services degree. Both participate in community health work, and Ana's mother participates as a leader among older adults. Ana also provides guidance on the use of natural medicines, making its value known among the people she works with.

A natural leader and organizer both in her church and as a Community Health Promoter, Ana has a gift for bringing people together and inspiring them to join her in improving community health.

Nominated by: Concepción Marina Ángel Vanegas

